



CANCER PREVENTION
AND RELIEF SOCIETY
Estd. 2003. CG 323

Indian Society of Colposcopy
and Cervical Pathology



16th

ISCCPCON
RAIPUR

13-14 April 2024

VENUE : AIIMS, RAIPUR



WELCOME MESSAGE

Dear Esteemed Colleagues,

We have just celebrated January as Cervical Cancer Awareness Month with the theme of "Learn, Prevent and Screen".

Soon we are going to celebrate World Cancer Day on February 4th with the theme of "Close the care gap".

And we are just 6 years away to attempt to reach the targets of 90-70-90 for cervical cancer elimination.

Keeping all these into mind the 16th annual conference of ISCCP is planned with the theme of "Fill the gaps, eliminate cervical cancer - from theory to practice." It will be at Raipur, Chattisgarh on 13th and 14th of April 2024. The workshops and the scientific program are designed to strengthen our basics, learn the advancements, exchange experiences and share knowledge with each other. It will also be an opportunity to explore the place, meet old friends, renew old contacts and make new friends. The team at Raipur is eager to host you for a memorable experience.

I hope the Seniors and the Juniors alike register for the workshops and conference to make it a grand success.

Hope to meet you all at Raipur in person!

Dr. Leela Digumarti
MD, DGO, DNB, FRCOG
President, ISCCP

WELCOME TO RAIPUR

Respected Doctor/ Health Care Professional

With great hope and pleasure, we invite you to attend the sixteenth annual conference of Indian Society of Colposcopy and Cervical Pathology at Raipur, Chhattisgarh, India on 13th and 14th April 2024.

This event is designed to update and motivate all health care professionals to help achieve the FDG Goal 2030 towards elimination of Cervical Cancer.

In line with this,

Theme of the conference is -

"Fill the Gaps, Eliminate Cervical Cancer- From Theory to Practice"

The highlights are-Three exhilarating workshops-

- Cervix-Colposcopy and Procedures
- Vulval disease through the Colposcope and procedures
- HPV , Cytology, Histopathology and Immunohistochemistry

One public forum on Screening and Vaccination

Tantalizing Quiz

Posters and Papers

Dr. S. K. Das Oration

Keynote Address

Many lectures, Panels, Debates!

We assure you; your time will be well spent.

You will also have a chance to visit and get a taste of natural beauty, local Cuisine, and local Kosa Sarees and Dress material and Jewelry. You may keep a couple of days extra for city and nearby tours.

Raipur is well connected by Road, Train and Air, being the capital of Chhattisgarh.

The venue chosen- AIMS Raipur is one of the first six AIMS to come up, and will offer world class Auditorium, Lecture theatres and hospital infrastructure.

We, the organizers, hope to see you all, physically, at Raipur, and we promise to try to make your visit memorable.

Dr. Asha Jain
Organising Chairperson

Dr. Pushpawati Thakur
Organising Secretary

ORGANISING TEAM



Dr. Alok C Agrawal
Patron, Dean Academic
AIIMS, Raipur



Dr. Sarita Agrawal
Patron, Dean Research
AIIMS, Raipur



Dr. Leela Digumarti
President, ISCCP



Dr. Pinnaka Vamsi
Secretary, ISCCP



Dr. Asha Jain
Org. Chairperson



Dr. Pushpawati Thakur
Org. Secretary



Dr. Nilaj Bagde
Treasurer



Dr. Rakesh Gupta
President, IMA, Raipur

INDIAN SOCIETY OF COLPOSCOPY AND CERVICAL PATHOLOGY

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Dr. Bharathi Abhyankar

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Dr. Shubhangi Mundhada

ISCCP CENTRAL BODY COMMITTEES

Training Committee

- Chair : Dr. Saritha Shamsunder
- Co-Chair : Dr. Mamta Dagar
- Members : Dr. Rupindar Sekhon, Dr. Geetanjali Amen, Dr. Sundari Nandyala, Dr. Kavita Singh, Dr. Ranjit Mandal
- Responsibility : Planning of training programs, content, eligibility criteria and fee

Quality Control Committee :

- Dr. Uma Singh, Dr. Seema Singhal
- Responsibility : Setting standards for accreditation of training centers and following quality indicators

Membership Committee :

- Dr. Veena Acharya, Dr. Mala Srivatsava
- Responsibility : Setting up categories and guidelines for membership

Humanitarian and Public Awareness Committee :

- Chair : Dr. Ragini Agarwal
- Co-Chair : Dr. Nirmala Agarwal
- Members : Dr. Anita Sabharwal, Dr. Achla Batra and Dr. Rekha Bharti
- Responsibility : Setting up guidelines for screening camps and conducting public awareness programs

ISCCP CENTRAL BODY COMMITTEES

Education Committee :

- Chair : Dr. Bhagyalakshmi Nayak
- Co-Chair : Dr. Archana Mishra
- Members : Dr. Usharani Poli, Dr. Roopa Hariprasad, Dr. Ujwala Prakash,
Dr. Sonali Susmita Nayak
- Responsibility : Plan the content of CMEs, Workshops under the aegis of ISCCP

Oration and Awards Committee :

- Dr. Pratima Mittal, Dr. Jayasree Sunder
- Responsibility :Setting up guidelines for oration and awards at ISCCP annual conference

Assessment Committee :

- Dr. Amita Suneja, Dr. Sunita Malik, Dr. Rema P

Date : 13th - 14th April 2024

Venue : AIIMS, Raipur

REGISTRATION FORM

Personal Details : Prof. Dr. Mr. Miss Mrs. Ms. **(Fill in Block Letters)**

First Name Middle Name Last Name

Hospital / Institute Position

Postal Address Email

City State

Mobile Email

Registration Fees :

EARLYBIRD
10 Mar. 2024

REGULAR
20 Mar. 2024

LET. REGI.
10 Apr. 2024

	EARLYBIRD 10 Mar. 2024	REGULAR 20 Mar. 2024	LET. REGI. 10 Apr. 2024
Student Member of ISCCP	2950.00 INR	3540.00 INR	4130.00 INR
Non Member Student	4130.00 INR	4720.00 INR	5310.00 INR
ISCCP Member or Faculty	8260.00 INR	8850.00 INR	9440.00 INR
Non Member	9440.00 INR	10030.00 INR	10620.00 INR

Payment Mode : Cash UPI Online Bank Transfer

Amount in favour of **Indian Society of Colposcopy and Cervical**

Workshop Fee / Conference Reg. / Combo Fee Amt. (Accommodation) Total Amount

Transaction Details (No.) Dated

Bank Detail :

A/c Name : Indian Society of Colposcopy and Cervical

Bank Name : Central Bank of India

A/c No. : 5536880705

IFSC Code : CBIN0281468

GST No. : 22AAAAI2485C1Z7

PAN : AAAAI2485C



Date

Signature

Touch Here to Register

<https://iyyo.in/isccp24>

HOTEL ACCOMMODATION



Approx 2 Km from AIIMS (Near by AIIMS)

Sarowar Portico - 4500/- onwards*
(Contact : 077147 88888)

Link: <https://g.co/kgs/sHQ5aWH>

Gagan Regency - 2400/- onwards*
(Contact : 91091 11847)

Link : <https://g.co/kgs/5yNxa8S>



Approx 10 Km from AIIMS (Near to Railway Station (Near by 2km))

Hotel Mayura - 4000/- Onwards*
(Contact : 077142 00500)

Link: <https://g.co/kgs/Haq1KnA>

Babylon Inn - 4000/- Onwards*
(Contact : 077142 99999)

Link : <https://g.co/kgs/Mh1dE9G>

Hotel Celebration - 4000/- Onwards*
(Contact : 077140 92990)

Link: <https://g.co/kgs/Ksxopyt>

Hotel Grand Rajputana - 3000/- Onwards*
(Contact : 087708 97771)

Link: <https://g.co/kgs/9o8oEgd>



Approx 15 Km from AIIMS (Near to Airport)

Saya Ji - 7000/- Onwards*
(Contact : 077143 44444)

Link: <https://g.co/kgs/GD3nx2q>

Hyatt - 7000/- Onwards*
(Contact : 077142 41234)

Link : <https://g.co/kgs/4BzrNM2>

Courtyard Marriot - 7000/- Onwards*
(Contact : 077143 30000)

Link: <https://g.co/kgs/Vw9X2jS>

Babylon International - 5000/- Onwards*
(Contact : 0771-4255555)

Link: <https://g.co/kgs/E6j9PLC>

PAPER POSTER & PRESENTATION

PAPER & E-POSTER PRESENTATION

Abstract For Paper & Poster Submitted Online On Or Before 20.03.2024

FREE ORAL PAPER PRESENTATION

Abstract for Competitive Free Paper Presentation are invited.

The Abstract should be submitted in following format:

Theme Topic :- "Fill the Gap, Eliminate Cervical Cancer, From Theory to Practice"

- Screening of Cervical Cancer
- Vaccination
- Treatment of preinvasive Lesion of Cervix Vulva Vagina

Title, Name of the authors, Institutional Affiliation, Email of the author, Abstract body (Background, Aims and Objectives, Methods, Results and Conclusion) Maximum words: 250; Abstract font: Times New Roman/Calibri; Font size 12. Duration for free paper presentation: 8+2 minutes

E-POSTER PRESENTATION

ABSTRACT FOR FREE E-POSTER PRESENTATION ARE INVITED.

An electronic poster (e-Poster) on a PowerPoint presentation in a single slide with specific format in English language that will be displayed on a screen, in a Landscape format. Presentations not submitted on the suggested template may not be accepted.

Theme :- "Fill the Gap Eliminate Cervical Cancer From Theory to Practice"

- Screening of Cervical Cancer
- Vaccination
- Treatment of Preinvasive Lesion of Cervix, Vulva and Vagina.

All e-Posters must include Title and only the presenter's name at the top of slide and the following elements: Introduction, Objectives, Methodology, Results, Conclusions. For Case reports, Introductions, Details of the Case, Discussion and Conclusion.

Completed footer at the bottom of the side with disclosure of interest, if any.

The minimum font size is Arial 24. The information included in your e-Poster should reflect your accepted abstract.

PAPER POSTER & PRESENTATION

Important information for presenter of Oral Papers & E-posters

Please report at the registration desk at the conference venue well ahead (by 9.00 am of April 13, 2024) for your presentation time with the soft copy of your e-poster and get it uploaded in the system.

In case of any query, please contact-

Email-

Note:

- Registration is mandatory for Abstract submission by the presenting author.
- Proof of Registration or Registration number must be provided while submitting abstract.
- If the presenting author is not registered, the Abstract will not be considered.

Abstract to be submitted on: Deadline For Abstract Submission :20th March 2024 .

Registration Link :-

Author Guideline :-

- Each author can Present one abstract only .
- Abstract should be submitted in original.
- Abstract of previously published or presented paper in any Conference or journal may not be submitted.
- Abstract may be submitted for oral/poster Presentation (committee decision final)

Scientific Programme

09:00 → 13:00 **Workshop 1**

09:00 **Pretest** ⌚ 10m

09:10 **Introduction** ⌚ 10m

09:20 **Tissue basis of colposcopy of cervix** ⌚ 10m

09:30 **Tips & Tricks For effective colposcopy** ⌚ 20m

09:50 **Workshop 1 – Nomenclature & Documentation** ⌚ 20m

10:10 **Treatment protocol-Ablation** ⌚ 20m

10:30 **Treatment protocol - Excision** ⌚ 20m

10:50 **Treatment protocol- Surgery-
Choosing the correct case of invasive lesions** ⌚ 15m

11:05 **Question & Answer** ⌚ 10m

11:15 **Live demonstrationLive - ColposcopyLive - NormalLive -
AbnormalLive -Ablation –Cryo/Therma Excision/
Conisation/LEETZLive -Mounting the specimen** ⌚ 1h 30m

12:50 **Post Test** ⌚ 10m

Scientific Programme

09:00 → 13:00 **Workshop 2**

09:00 **Workshop 2 - Pre-test** ⌚ 5m

09:05 **Workshop 2 - Introduction** ⌚ 10m

09:15 **Tissue basic of colposcopy of vulva &vagina** ⌚ 20m

09:35 **Normal/ Abnormal Vulval findings & Tips & Tricks for effective Colposcopy in vulva &vagina** ⌚ 30m

10:05 **Nomenclature & Documentation of Colposcopy in vulva &vagina.** ⌚ 20m

10:25 **Normal / Abnormal Vaginal findings** ⌚ 20m

10:45 **Treatment options for Vulva/ Vagina Lesions- Non neoplastic** ⌚ 20m

11:05 **Treatment options for Vulva/ Vagina Lesions- Neoplastic.** ⌚ 20m

11:25 **Question & Answer** ⌚ 10m

11:35 **Post Test.** ⌚ 10m

11:50 **Live – Three ring Vulvoscopy Live - Colposcopy of VaginaLive - VAIN/VINLive - Vulval biopsyLive - Treatments** ⌚ 1h 5m

Scientific Programme

09:00 → 13:00 **Workshop 3**

- 09:00 **Workshop 3- Introduction** ⌚ 10m
- 09:10 **Normal Pap Smear and Evolution of The Bethesda System of reporting** ⌚ 15m
- 09:25 **TBD- Squamous Cell Abnormality** ⌚ 15m
- 09:40 **TBD- Glandular cell abnormality** ⌚ 15m
- 09:55 **Technique of Cervical Sampling and Self Sampling** ⌚ 15m
- 10:10 **Role of HPV in Cervical Screening** ⌚ 15m
- 10:25 **HPV molecular detection and Update** ⌚ 15m
- 10:40 **Immunohistochemistry for Cervical pathology** ⌚ 15m
- 10:55 **Cyto lab- LBC demo** ⌚ 1h 30m
- 10:55 **Microscopy station- Cytology slides** ⌚ 1h 30m
- 12:55 **Workshop 3 - Post Test** ⌚ 5m

Scientific Programme

13:00 → 14:00 **Lunch** ⌚ 1h

14:00 → 14:40 **Oration: Dr. S.K. Das Oration**

14:00 | **New Paradigms in Cervical pathology and Colposcopy** ⌚ 40m

14:40 → 15:40 **Debate**

14:40 | **Debate - Self Sampling /Physician collected sample for HPV** ⌚ 15m

14:55 | **Debate - Screening and Treatment protocol (Resource based/Uniform)** ⌚ 15m

15:10 | **Debate - HPV Vaccination 9-14 Yrs (One Dose / Two Doses)** ⌚ 15m

15:25 | **Debate - Primary HPV Screening /VIA for screening** ⌚ 15m

16:00 → 17:00 **Inauguration** ⌚ 1h

17:00 → 18:00 **GBM of ISCCP** ⌚ 1h

18:00 → 20:00 **Cultural presentation** ⌚ 2h

20:00 → 22:00 **Gala Dinner** ⌚ 2h

Scientific Programme

09:00 → 10:10 **Scientific Block: Day 2 - Morning Scientific Session**

09:00 **Introduction** ⌚ 10m

09:10 **Experience with Screening in India** ⌚ 15m

09:25 **Most effective screening protocol in India -What is new in screening** ⌚ 15m

09:40 **Safety & efficacy of vaccines** ⌚ 15m

09:55 **Experience with vaccines** ⌚ 15m

10:10 → 11:00 **Panel Discussion**

11:00 → 12:20 **Keynote**

11:00 **Keynote: Role of AI and Apps in achieving WHO global targets of 90:70:90**

11:20 **Keynote: Primary HPV Screening for Cervical Cancer** ⌚ 20m

11:40 **Keynote: Way to achieve FDG Goals for Cervical Cancer elimination by 2030, and the available HPV tests for Screening** ⌚ 20m

12:00 **Keynote Address** ⌚ 20m

Scientific Programme

12:20 → 13:00 **QUIZ** ⌚ 40m

13:00 → 14:00 **Lunch** ⌚ 1h

14:00 → 15:20 **Bullets**

15:20 → 16:05 **Medicological issues in screening and vaccination** ⌚ 45m

16:05 → 16:35 **Scientific Block: Day 2 - Afternoon Scientific Session**

16:05 | **Counselling for HPV positives** ⌚ 15m

16:20 | **Screening & Vaccination of HIV Positives** ⌚ 15m

16:35 → 17:35 **Public Forum**

16:35 | **Introduction – Purpose of public forum** ⌚ 5m

16:40 | **Pathologist - Etiology** ⌚ 5m

16:45 | **Community Medicine – WHO Goal** ⌚ 5m

16:50 | **Gynaecologist – Screening mothers and promoting vaccination of daughters** ⌚ 5m

16:55 | **Gynecologist - Treatment of Pre-cancer** ⌚ 5m

Scientific Programme

17:00 | **IMA – Role of other Specialties in achieving FDG goals** ⌚ 5m

17:05 | **Pediatrician Vaccination of daughters and promoting screening of their mothers** ⌚ 5m

17:10 | **Gen. Physician - How to implement screening and Vaccination in all** ⌚ 5m

17:15 | **Social Worker - Barriers for implementation in Screening and vaccination** ⌚ 5m

17:20 | **Media Reporter – Role of media to increase vaccination & screening** ⌚ 5m

17:25 | **Paramedics - Q & A** ⌚ 5m

18:00 → 18:30 **Prize distribution & valedictory** ⌚ 30m

PUBLIC FORUM

ACHIEVING FDG 2030

Date : 14.04.2024

Time : 04:45 – 06:00 PM

INTRODUCTION - PURPOSE OF PUBLIC FORUM:

(1)	Community Medicine - WHO Goal (5 min)
(2)	Pathologist - Etiology
(3)	Gynaecologist - Screening mothers and promoting vaccination of daughters
(4)	IMA- Role of other Specialties in achieving FDG goals
(5)	Pediatrician - Vaccination and motivation of mother for screening
(6)	Gen. Physician - How to implement screening and Vaccination in all
(7)	Social Worker - Barriers for implementation in Screening and vaccination
(8)	Media Reporter - Role of media to increase vaccination & screening
(9)	Paramedics - Q & A
(10)	High-Tea - 06:00 PM

ARRIVAL

DELHI [5 FLIGHTS] : 08:20 AM, 08:50 AM, 05:05PM, 07:40 PM, 08:45 PM

MUMBAI [3 FLIGHTS] : 09:00 AM, 05:00 PM, 08:20 PM

KOLKATA [2 FLIGHTS] : 08:10 AM, 04:25 AM

BANGALORE [2 FLIGHTS] : 09:25 AM, 07:20 PM

HYDERBAD [2 FLIGHTS] : 10:40 AM, 04:35 PM

AHMEDABAD : 10:30 AM

PUNE [2 FLIGHTS] : 10:40 AM, 03:20 PM

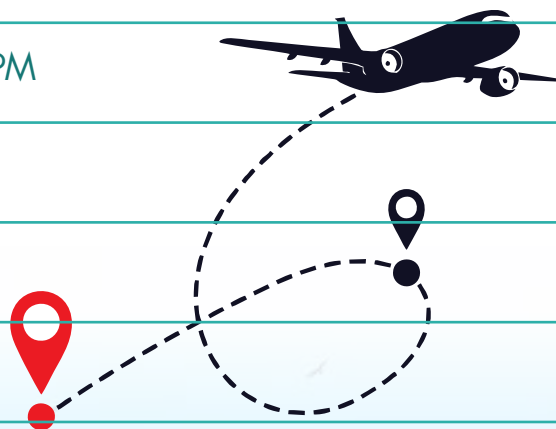
LUCKNOW : 09:50 AM

INDORE : 06:50 PM

BHOPAL : 08:10 PM

BHUBANESHWAR : 01:00 PM

GOA [3 FLIGHTS] : 09:50 AM, 06:15 PM, 07:40 PM



DEPARTURE

DELHI [4 FLIGHTS]	: 08:55 AM, 09:20 AM, 05:55PM, 09:15 PM
MUMBAI [4 FLIGHTS]	: 09:30 AM, 04:55 PM, 05:30 PM, 09:00 PM
CHENNAI	: 11:00 AM
KOLKATA [3 FLIGHTS]	: 08:45 AM, 10:20 AM, 04:55 PM,
BANGALORE [2 FLIGHTS]	: 10:10 AM, 07:55 PM
HYDERBAD [2 FLIGHTS]	: 10:10 AM, 08:50 PM
AHMEDABAD	: 03:50 PM
PUNE	: 11:20 AM
LUCKNOW	: 01:30 PM
BHUWNESHWAR	: 10.20 AM
JAGDALPUR	: 02:15 PM
GOA	: 06:45 PM
BHOPAL	: 04:55 PM
INDORE	: 10:40 AM
UTKELA	: 02:20 PM



Places Around Raipur

BARNAWAPARA WILDLIFE SANCTUARY : (ONE DAY TOUR)

Barnawapara Wildlife sanctuary, is named after Bar and Nawapara forest villages, which are in the heart of the sanctuary. It is a land mass of undulating terrain dotted with numerous low and high hillocks well forested area. This sanctuary is famous for the frequent sighting of the Indian bison (Gaur) Cheetal, Sambhar, Neelgai, Wild boar are commonly seen. It boasts of over 150 species Birds. You need to wake up early in the morning to get ready for a safari drive at Barnawapara wildlife sanctuary in the company of experienced park guides and try your luck to witness the tigers in the wilderness. In addition to tigers, there is a lot more to see in Barnawapara safari like rare Swamp Deer, Sambar, Spotted Deer, Indian Gaur, Bear etc.



HOW TO REACH BARNAWAPARA WILDLIFE SANCTUARY :

This richly vegetated unique wildlife sanctuary is 120 Kms away from Raipur. The place is easily approachable through the PWD forest road, which connects Barnawapara with Raipur via on NH 53.

SIRPUR : (HALF DAY TOUR)

Sirpur is a small village located in the state of Chhattisgarh, situated on the banks of river Mahanadi. The village of Sirpur is an archaeological wonder. Inspiration to many architects, this village is rich in its temple culture. A quaint hidden gem, it has a deep

connection to the Buddhism world and a treasure for archaeological findings from the 8th century. There are numerous temples one can visit, and is generally a hub for passionate historians. A look at the historical artefacts and the deep carvings on the walls of the temples have inspired many architects around the world. Lakshman Temple, Baleshwar Temple, Rama Temple, Buddha Vihara, Teevardev are the main places to visit.



HOW TO REACH SIRPUR :

Sirpur is 78 km away from Raipur (1 hour and 30 minutes journey). To reach the city, you can drive by car or book a cab from Raipur. Sirpur is very accessible due to the four-lane national highway and bus services available.



BHORAMDEV : (ONE DAY TOUR)

The Bhoramdeo Temple bears a striking resemblance to the Sun Temple of Konark and is believed to have been constructed during the 7th to 12th century. It is popularly known as the Khajuraho of Chhattisgarh. It is the main temple among the bunch of four ancient temples in this region - Madwa Mahal, Istaliq Temple, Cherki Mahal and Bhoramdeo temple - and stands

as strong as ever in the Kabirdham district. This temple is dedicated to Lord Shiva. The outstanding Nagar style of architecture and the intricately carved images are a spectacular work of art. The Boramdeo Temple features admirably sculpted images of the ten avatars of Lord Vishnu, in addition to the images of Lord Shiva and Lord Ganesha. Pilgrims often stay back to savour the outstanding views that the temple has to offer, after seeking their blessings.



HOW TO REACH BHORAMDEV :

The Boramdeo Temple is located at the banks of a man-made lake, at the foot of the Maikal range of hills. It is situated about 18 km in the northwest direction of the Tehsil town of Karwadha, Kabirdham district. Kawardha is well connected to Raipur via road and the distance from Raipur to Boramdev is 135 kms.



JAGDALPUR : (TWO DAYS TOUR)

Jagdalpur is a beautiful city in the Bastar district of Chhattisgarh and is one of the most popular tourist destinations in the state. Jagdalpur has a rich history of political activism and has developed a very rich culture over time. From national parks, waterfalls, palaces and museums to natural caves and religious sites, there are

many tourist delights in this place. Chitrakote Falls, Tirathgarh waterfall, Kutumsar Caves, Kanger Valley National Park, Danteshwari Temple are the famous tourist attractions.



HOW TO REACH JAGDALPUR :

Raipur to Jagdalpur approximate distance is 300Kms and takes approximately six hours by road. You can also cover this distance by a direct flight from Raipur ' s Swami Vivekananda Airport to Jagadalpur ' s Maa Danteswari Airport on every Tuesdays and Thursdays.



DONGARGARH : (ONE DAY TOUR)

Dongargarh is the main tourist and pilgrimage destination in Chhattisgarh. Maa Bamleshwari Devi Temple which of a great spiritual importance and the people of Chhattisgarh consider it as a Tirth.



HOW TO REACH DONGARGARH :

The driving distance between Raipur to Dongargarh is 109 kms. It takes approximately 1h 38m to drive from Raipur to Dongargarh. The cheapest way to reach from Raipur to Dongargarh is train and it takes 1h 40m.

MAINPAT : (TWO DAYS TOUR)

Mainpat is a beautiful hill station with green pastures, deep valleys, breathtaking waterfalls, dense forests and untouched rivulets. It is often called as Shimla of Chhattisgarh and Mini Tibet owing to its huge Tibetan population and influence over the area. The Tibetan refugees were rehabilitated in Mainpat after the Chinese invasion of Tibet and have since found a home in Mainpat.



DhakpoShedupling Monastery, Tiger Point, Parpatiya Sunset Point, Jaljali, Mercury Falls, Daroga Jharna are the main tourist attractions. Mainpat is a trekker 's paradise with still a whole lot of places to be discovered. Just go on a trek along the hills and you could chance upon a plethora of waterfalls, ponds and river streams. There are also a host of adventure sports offered at Fish Point and Tiger Point like paragliding, rappelling and rock climbing among others that you could partake in and indulge your inner adrenaline junkie.

HOW TO REACH MAINPAT :

One of the best ways to do a trip, especially the one to a hill station is by taking a road trip. The distance between Raipur and Mainpat is 249 kms which takes around 7 hours. The nearest railway station is Ambikapur over 80 kilometres from Mainpat. There are buses and taxis available from Ambikapur to Mainpat.

NANDAN VAN ZOO & SAFARI : (HALF DAY TOUR)

Nandan Van Zoo, located at Naya Raipur, is one of the famous places of visit in the city. With its primary objective to protect and conserve animals, the zoo has many species of fauna. There are jungle safari and boating rides and is a perfect spot to spend the day. It is fascinating to watch the animals wander around the jungle, and it also gives an exposure to many species which are not very popular and on the verge of extinction. Also, the facilities provided by the zoo are comfortable and affordable.



HOW TO REACH NANDAN VAN :

Nandan Van Zoo at Naya Raipur is located at a distance of 13.5 kilometers from the heart of the city. Local buses, auto and cabs are available to commute to the zoo. Private vehicles or hired ones can be used to reach the zoo.

RAJIM : (HALF DAY TOUR)

Rajim is considered the perfect place to witness Chhattisgarh's rich cultural heritage. Also known as the 'Prayag ' of Chhattisgarh, Rajim is the spot of the union of three holy rivers - Mahanadi (Chitrotpala), Pairi and Sondur. This point of meeting of these three rivers is also referred to as the 'Triveni Sangam' . The Chhattisgarh Kumbh Mela takes place over here from Magh Poonima to Mahashivaratri every year. Rajiv Lochan Temple is dedicated to Lord Vishnu and is regarded as the main attraction of Rajim. Rajim is famous for its various temples and historical monuments. It is home to the Rajiv Lochan Temple, the Rajesvar Temple, Ramachandra Temple, Daneshwar Temple, Jagannath Temple, Kuleshwar Temple, and Champaram among others. The Chhattisgarh Kumbh mela is held from mid-February to March every year, spanning throughout 15 days. This holy event attracts scores of Sadhus, Sants, Mahatmas, Rishis, and Munis from India and abroad. The Rajiv Lochan Mahotsav is an event that is held during the Kumbh Mela festival at Rajim. There is unique music, and dance performances held to display the culture of Chhattisgarh.



How To Reach Rajim :

Rajim is a small town that is at a distance of 45 km from Raipur. Buses, private vehicles or hired ones can be used to reach there.

Chitrakote Falls : (Two Days Tour)

The broadest waterfall in India, Chitrakote is popularly known as the Niagara of India, because

of its width. Situated in the west side of Jagdalpur in the Bastar District of Chhattisgarh, this waterfall originates from the Indravati river. Chitrakote Falls is at the height of about 30 metres with a width of 985 feet, and during monsoons, you can watch the falls at its full glory. The fall cascades from the top of the cliff in 3 streams during summers. A significant attraction below the fall is the shrine of Lord Shiva with many small Shivalingas. During the low season, locals and tourists are seen to be swimming, bathing or even using paddle boats on the river.



How To Reach Chitrakote Falls :

The distance from Raipur to waterfalls is 290 kms which takes six hours of drive and the closest station is the Jagdalpur railway station, you can get a shared taxi or a private taxi from the station up to the falls. The cheapest way to get to the falls are the state-run buses that ply from Jagdalpur to Chitrakote falls, there are around 4-5 buses running every day and take up to 2 hours to cover a distance of 38 kilometres.

Kanha National Park : (Two Days Tour)

Kanha National Park is nestled in the Maikal range of Satpuras in Madhya Pradesh, the heart of India that forms the central Indian highlands. The national park is being popularized as the Tiger reserve and interestingly is being declared as one of the finest wildlife areas in the world. A trip to Kanha Reserve directly takes you to the widespread arena of the lush habitat of wild creatures. With jeep safari an encounter to all these species is really generous and worthwhile. With jungle safari you can take a closer look to the wild animals and can capture their magnanimous images in your cameras.



How to Reach Kanha National Park :

There is no direct connection from Raipur to Kanha National Park. However, you can take the train to Gondia Jn then take the taxi to Kanha National Park. The distance from Raipur to Kanha National Park is approx. 200 kms which takes five hours of drive.

Mata Kaushalya Mandir : (Half Days Tour)

Mata Kaushalya temple is a Hindu temple dedicated to Mata Kaushalya, mother of Lord Ram. It is the only temple in the world dedicated to Mata Kaushalya.[1] It is located at Chandkhuri village around 27km away from Raipur in Chhattisgarh.



In 2020, the Chief minister of Chhattisgarh, Shri Bhupesh Baghel, laid the foundation stone for the expansion of the temple few days before the foundation stone of the Ram temple in Ayodhya was laid.[3] He said that the ancient Mata Kaushalya temple will be given a magnificent look while keeping its original form intact.

Location:

The temple is located around 22km[4] to 27km [2] away from the Capital City Raipur in



Chhattisgarh State. The temple is located in the middle of a lake surrounded by the Chadkhuri village. The temple is accessed by walking on the bridge called Hanuman Pul which has a statue of Hanuman over it.

About:

The temple has the idol of Mata Kaushalya holding Lord Shri Ram in her lap. The temple is believed to have been constructed in the 8th century. The temple had been damaged and rebuilt many times. In 1973, the temple was renovated.



Shree Ram Mandir : (Half Days Tour)

A wonderful temple of Lord ram, with a stunning view and garden around it. Explore Shri Ram Mandir through captivating images that showcase their rich culture, history, and charm. Shri Ram Mandir, Raipur, Chhattisgarh Beautiful structure of the temple and the garden area. There is also a shelter home for the animals. Bhajan sabha, facility for shoe rack, water facility, and many more. It is a beautiful place for every age people.

Best time to visit:

January, February, March, April, May, June, July, August, September, October, November, December.

Floor Plans

